



COMMUNITY REPORT

FY 2023



IMPROVING LIVES SINCE 1955

A MINISTRY OF CATHOLIC CHARITIES



ARCHDIOCESE OF SAINT LOUIS

Saint Louis Counseling

Our School Partnership Program (SPP) therapists have assisted students from kindergarten through 12th grade who attend parochial, private, and public schools. Our program is based on the philosophy that the school, family, and community are partners in educating our children, strengthening families, and building stronger, safer communities. 130+ schools use our partnership program and 3000 students are served annually through the program.

Program services include:

- **Embedded school-based counseling services** schools request the services of a counselor for one or more days a week.
- **Outreach school-based counseling services** schools request the services of a counselor on an as-needed basis.
- **Crisis response services** schools request crisis intervention/grief-related counseling services in response to a trauma affecting the school community.
- **Consultative services** schools request a counselor to consult with staff regarding students or general school-related issues. This may be in the form of a care team, other wrap-around services, or on an as-needed basis.
- **Prevention services** schools request educational programs for students, faculty, and/or parents on a variety of topics.



During these challenging times, to be able to provide a reliable, and easily accessible avenue for support like HOPE, our Chatbot to our amazing therapist who work with our school program and others who provide support for our many services, it is easy to see the value Saint Louis Counseling provides to the clients across the entire Archdiocese, providing the healing, help, and hope for the future.”

— Sharon Spruell, Executive Director/CEO, Saint Louis Counseling

Client Success Story

Stephanie–Saint Louis Counseling

It only takes a split second for your world to turn upside down, literally for Stephanie who sought the healing services of a ministry of Catholic Charities, Saint Louis Counseling, after a serious accident. In the blink of an eye, as her car was flung into the air and rolled, Stephanie landed with very few physical injuries but needed the special counseling of Saint Louis Counseling to bridge the gap between her despair and her recovery. As Stephanie says, “My counselor’s unwavering support became the cornerstone of my healing process. She didn’t just provide therapy, she offered understanding, kindness, and a safe space to express my emotions.” Saint Louis Counseling is a place where you can find the healing, help, and hope of Jesus Christ.

Although Stephanie needed the full services of our ministry and we were happy to be available for her healing, we also have a service for those who might just need a little aid in managing stress and finding balance in their lives. **HOPE** is a text-based chatbot at ccstl.org. Sometimes we just need a little help, and sometimes we need more. To reach HOPE text “Hi” to +1 (202)949-7249.

Catholic Charities is here to provide a communion of care for those in need in the entire Archdiocese.



Volunteer Numbers

16 Unique Volunteers

1796 Total Volunteer Hours

PURPOSE STATEMENT

Supporting healing and improved mental health for individuals and families of all backgrounds through professional counseling and psychiatry services.

Contact

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